



THE BARN

www.thebarnstanway.co.uk

Served Sunday

12pm - 3pm

# SUNDAY LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

## ROASTS

All served with Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables and Greens, Gravy

### ROAST SIRLOIN OF BEEF GFO

19.95

### ROASTED LAMB RUMP GFO

19.95

### ROAST PORK, CRACKLING & APPLE SAUCE GFO

18.95

### CHICKEN SUPREME GFO

19.95

### CHESTNUT & CRANBERRY NUT ROAST V

14.95

### CAULIFLOWER CHEESE V

Side of Cauliflower Cheese

3.95

## CAFÉ CLASSICS

### BEER BATTERED FISH & CHIPS GFO 16.95

Beer Battered Haddock, Chips, Garden Peas, Lemon

### BUDDHA BOWL GFO Ve V 14.00

Lemon Couscous, Roasted Aubergine, Black Olives, Halloumi Crisps, Sundried Tomatoes, Courgette Ribbons

add Buffalo Mozzarella £3.00 | Smoked Duck £3.00

Smoked Mackerel £3.00 | Poached Chicken £3.00

### CHIPS GFO 4.50

Bowl of Thick Cut Chips

### LOADED CHIPS GFO 7.95

Thick Chips, Crispy Bacon, Cheddar and Mozzarella, Spring Onion, Chives, Crispy Onions

## DELI

### PLAICE GOUJON SANDWICH 11.00

Herb and Lemon Breaded Fish Goujons, Tartare Sauce

### BRIE & RED ONION MARMALADE PANINI GFO V 10.50

Brie, Rocket, Red Onion Marmalade

### CHICKEN & PESTO PANINI GFO 10.50

Chicken, Basil Pesto, Mozzarella

Please make your server aware of any allergies or dietary requirements when placing your order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.

GFO Gluten free option available on request V Vegetarian Ve Vegan



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Served Daily

## DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	WINE
<p><b>FLAT WHITE</b> 3.95</p> <p><b>LATTE</b> 3.95</p> <p><b>CHAI LATTE</b> 3.95</p> <p><b>CAPPUCCINO</b> 3.95</p> <p><b>AMERICANO</b> 3.70</p> <p><b>MOCHA</b> 3.95</p> <p><b>ICED COFFEE</b> 3.95</p> <p><b>ESPRESSO</b> 2.75</p> <p><b>MONIN SYRUP</b> 0.70 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i></p> <p><b>MILK ALTERNATIVES</b> 0.50 <i>Oat, Coconut, Soya</i></p>	<p><b>PUNCHY</b> 3.50 <i>Blood Orange, Bitters &amp; Cardamon or Cucumber, Yuzu &amp; Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round!</p> <p><b>DASH WATER</b> 3.50 <i>Raspberry, Lime or Blackcurrant</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!)</p> <p><b>BRECKLAND POSH POPS</b> 3.50 <i>Elderflower, Cloudy Lemonade, Plum &amp; Cherry or Ginger with Chilli</i></p> <p><b>BARN FARM FRUIT JUICES</b> 3.25 <i>Opal Apple, Strawberry &amp; Apple Orange, Blackberry &amp; Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree!</p> <p><b>COCA COLA</b> 3.50</p> <p><b>DIET COKE, COKE ZERO</b> 3.30</p> <p><b>TONIC WATER</b> 3.25</p> <p><b>STILL   SPARKLING WATER</b> 2.75</p>	<p><b>PINOT GRIGIO</b> 6.95 <i>Italy (18.7cl 12.5%)</i></p> <p><b>CHARDONNAY</b> 6.95 <i>Australia (18.7cl 13%)</i></p> <p><b>SAUVIGNON BLANC</b> 6.95 <i>Chile (18.7cl 13%)</i></p> <p><b>PINOT ROSÉ</b> 6.95 <i>Italy (18.7cl 12.5%)</i></p> <p><b>MERLOT</b> 6.95 <i>Chile (18.7cl 13%)</i></p> <p><b>SHIRAZ</b> 6.95 <i>Australia (18.7cl 13%)</i></p>
		<b>COCKTAILS/MOCKTAILS</b>
		<i>Please see our Specials Menu for today's options</i>
		<b>ALE, LAGER, CYDER</b>
		<p><b>SUFFOLK COUNTY CHESTNUT ALE</b> 5.95 <i>(500ml 4%)</i></p> <p><b>STOUR VALLEY GOLDEN ALE</b> 5.95 <i>(500ml 4.2%)</i></p> <p><b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5%)</i></p> <p><b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5.1%)</i> <b>GFO</b></p> <p><b>ALCOHOL FREE PERONI NASTRO AZZURRO</b> 4.50 <i>(330ml 0.0%)</i></p> <p><b>ASPELL DRAUGHT CYDER</b> 5.95 <i>(500ml 5.5%)</i></p>
<b>TEA</b>	<b>PROSECCO</b>	
<p><b>ENGLISH BREAKFAST</b> 3.25</p> <p><b>CHAMOMILE TEA</b> 3.50</p> <p><b>EARL GREY TEA</b> 3.50</p> <p><b>GREEN TEA</b> 3.50</p> <p><b>PEPPERMINT TEA</b> 3.50</p> <p><b>LEMON &amp; GINGER TEA</b> 3.50</p> <p><b>CHAI TEA</b> 3.50</p> <p><b>SUPER BERRY TEA</b> 3.50</p> <p><b>DECAFFEINATED TEA</b> 3.25</p>	<p><b>PROSECCO (20cl)</b> 7.95 <i>Italy (11%)</i> <b>(75cl)</b> 25.95</p> <p><b>PROSECCO ROSÉ (20cl)</b> 7.95 <i>Italy (11%)</i> <b>(75cl)</b> 25.95</p> <p><b>NOZECO (20cl)</b> 4.95 <i>France</i> Alcohol Free Prosecco</p> <p><b>NOZECO ROSÉ (20cl)</b> 4.95 <i>France</i> Alcohol Free Prosecco</p>	
<b>HOT CHOCOLATE</b>		
<p><b>HOT CHOCOLATE</b> 4.15</p> <p><b>ULTIMATE HOT CHOCOLATE</b> 4.95 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i></p>		

