



THE BARN

www.thebarnstanway.co.uk
Served Monday - Saturday
From 12.00pm to last orders by 2.45pm

LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.
(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

CHEF'S SPECIALS

We like to keep it fresh!
Please see the Chef's Specials Menu for the finer details...

"HOT FROM THE POT" MARKET PRICE
Hearty Comfort Food

TART OF THE DAY 12.95
Individual Prepared Tart, Served Warm from the Oven

THE BARN BURGER GFO 16.95
Fresh, Stacked and Delicious!

CAFÉ CLASSICS

BEER BATTERED FISH & CHIPS GFO 16.95
Beer Battered Haddock, Chips, Garden Peas

BUDDHA BOWL GFO Ve V 14.95
Roast Beetroot, Crispy Kale, Wholegrain Rice, Avocado, Cajun Sweet Potato, Edamame Beans, Tabini Dressing
add Feta Cheese £3.00 | Grilled Chicken £3.00
Hot Smoked Salmon £3.00

BRIE & POACHED PEAR SALAD V 13.95
Breaded Brie, Mulled Wine Poached Pear, Toasted Walnuts Nuts, Rocket, Chicory, Honey and Balsamic Dressing

HAM, EGG & CHIPS GFO 12.95
Home Cooked Ham, Fried Eggs & Thick Cut Chips

CROQUE MONSIEUR 11.95
Ham, Gruyère Cheese, Béchamel Sauce
add Egg £2.00

DELI

OPEN CLUB SANDWICH GFO 11.95
Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise

BEETROOT SALMON GRAVLAX 12.95
Toasted Sourdough, Pickled Roots Salad, Horseradish Cream

PIGS UNDER BLANKETS 10.95
Lightly Toasted Sourdough, Sausage, Smoked Back Bacon, Red Onion Chutney, Sage Mayonnaise

TURKEY CIABATTA GFO 10.95
Turkey, Parma Ham, Smoked Applewood Cheddar, Cranberry Sauce

FISH GOUJON SANDWICH 11.95
Haddock Goujons, Lettuce, Lemon and Chive Mayonnaise

FALAFEL AND TZATZIKI GFO V 9.95
FLATBREAD
Falafel, Tzatziki, Pickled Red Cabbage, Hummus, Pomegranate

WHY NOT ADD

LOADED CHIPS GFO 7.95
Thick Chips, Crispy Bacon, Cheddar and Mozzarella, Spring Onion, Chives, Crispy Onions

CHIPS GFO 4.50
Bowl of Thick Cut Chips

GFO Gluten free option available on request V Vegetarian Ve Vegan

Please make your server aware of any allergies or dietary requirements when placing our order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	WINE
FLAT WHITE 3.95 LATTE 3.95 CHAI LATTE 3.95 CAPPUCCINO 3.95 AMERICANO 3.70 MOCHA 3.95 ICED COFFEE 3.95 ESPRESSO 2.75 MONIN SYRUP 0.70 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> MILK ALTERNATIVES 0.50 <i>Oat, Coconut, Soya</i>	PUNCHY 3.50 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! DASH WATER 3.50 <i>Raspberry, Lime or Blackcurrant</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) BRECKLAND POSH POPS 3.50 <i>Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli</i> BARN FARM FRUIT JUICES 3.25 <i>Opal Apple, Strawberry & Apple Orange, Blackberry & Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! COCA COLA 3.50 DIET COKE, COKE ZERO 3.30 TONIC WATER 3.25 STILL SPARKLING WATER 2.75	PINOT GRIGIO 6.95 <i>Italy (18.7cl 12.5%)</i> CHARDONNAY 6.95 <i>Australia (18.7cl 13%)</i> SAUVIGNON BLANC 6.95 <i>Chile (18.7cl 13%)</i> PINOT ROSÉ 6.95 <i>Italy (18.7cl 12.5%)</i> MERLOT 6.95 <i>Chile (18.7cl 13%)</i> SHIRAZ 6.95 <i>Australia (18.7cl 13%)</i>
		COCKTAILS/MOCKTAILS
		<i>Please see our Specials Menu for today's options</i>
		ALE, LAGER, CYDER
		SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i> STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i> PERONI NASTRO AZZURRO 4.95 <i>(330ml 5%)</i> PERONI NASTRO AZZURRO 4.95 <i>(330ml 5.1%)</i> GFO ALCOHOL FREE PERONI NASTRO AZZURRO 4.50 <i>(330ml 0.0%)</i> ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i>
TEA	PROSECCO	
ENGLISH BREAKFAST 3.25 CHAMOMILE TEA 3.50 EARL GREY TEA 3.50 GREEN TEA 3.50 PEPPERMINT TEA 3.50 LEMON & GINGER TEA 3.50 CHAI TEA 3.50 SUPER BERRY TEA 3.50 DECAFFEINATED TEA 3.25	PROSECCO (20cl) 7.95 <i>Italy (11%) (75cl)</i> 25.95 PROSECCO ROSÉ (20cl) 7.95 <i>Italy (11%) (75cl)</i> 25.95 NOZECO (20cl) 4.95 <i>France Alcohol Free Prosecco</i> NOZECO ROSÉ (20cl) 4.95 <i>France Alcohol Free Prosecco</i>	
HOT CHOCOLATE		
HOT CHOCOLATE 4.25 ULTIMATE HOT CHOCOLATE 4.95 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		

