



THE BARN

www.thebarnstanway.co.uk

Served Monday - Saturday
From 12.00pm to last orders by 2.45pm

LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.
(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

CHEF'S SPECIALS

We like to keep it fresh!

Please see the Chef's Specials Menu for the finer details...

"HOT FROM THE POT"

Hearty Comfort Food

MARKET
PRICE

TART OF THE DAY

*Individual Prepared Tart, Served Warm
from the Oven*

12.95

THE BARN BURGER GFO

Fresh, Stacked and Delicious!

16.95

CAFÉ CLASSICS

BEER BATTERED FISH & CHIPS GFO

Beer Battered Haddock, Chips, Garden Peas

16.95

BUDDHA BOWL GFO Ve V

*Roast Beetroot, Crispy Kale, Wholegrain Rice, Avocado,
Cajun Sweet Potato, Edamame Beans, Tabini Dressing*

add Feta Cheese £3.00 | Grilled Chicken £3.00

Hot Smoked Salmon £3.00

14.95

HAM, EGG & CHIPS GFO

Home Cooked Ham, Fried Eggs & Thick Cut Chips

12.95

CROQUE MONSIEUR

Ham, Gruyère Cheese, Béchamel Sauce

add Egg £2.00

11.95

DELI

OPEN CLUB SANDWICH GFO

11.95

*Farmhouse Sourdough, Streaky Bacon, Chicken,
Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise*

BEETROOT SALMON GRAVLAX

12.95

*Toasted Sourdough, Pickled Roots Salad,
Horseradish Cream*

CHICKEN & EMMENTAL TOASTIE

10.95

*Toasted Sourdough, Chicken, Mushrooms,
Emmental, Basil*

BRIE, SWEET CHILLI JAM PANINI GFO

9.95

add Bacon £2.00

FISH GOUJON SANDWICH

11.95

*Haddock Goujons, Lettuce, Lemon and Chive
Mayonnaise*

FALAFEL AND TZATZIKI GFO V FLATBREAD

9.95

*Falafel, Tzatziki, Pickled Red Cabbage,
Hummus, Pomegranate*

WHY NOT ADD

LOADED CHIPS GFO

7.95

*Thick Chips, Crispy Bacon, Cheddar and Mozzarella,
Spring Onion, Chives, Crispy Onions*

CHIPS GFO

4.50

Bowl of Thick Cut Chips

GFO Gluten free option available on request V Vegetarian Ve Vegan

Please make your server aware of any allergies or dietary requirements when placing our order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	WINE
FLAT WHITE 3.95 LATTE 3.95 CHAI LATTE 3.95 CAPPUCCINO 3.95 AMERICANO 3.70 MOCHA 3.95 ICED COFFEE 3.95 ESPRESSO 2.75 MONIN SYRUP 0.70 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> MILK ALTERNATIVES 0.50 <i>Oat, Coconut, Soya</i>	PUNCHY 3.50 <i>Blood Orange, Bitters & Cardamon or Cucumber, Yuzu & Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! DASH WATER 3.50 <i>Raspberry, Lime or Blackcurrant</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) BRECKLAND POSH POPS 3.50 <i>Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli</i> BARN FARM FRUIT JUICES 3.25 <i>Opal Apple, Strawberry & Apple Orange, Blackberry & Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! COCA COLA 3.50 DIET COKE, COKE ZERO 3.30 TONIC WATER 3.25 STILL SPARKLING WATER 2.75	PINOT GRIGIO 6.95 <i>Italy (18.7cl 12.5%)</i> CHARDONNAY 6.95 <i>Australia (18.7cl 13%)</i> SAUVIGNON BLANC 6.95 <i>Chile (18.7cl 13%)</i> PINOT ROSÉ 6.95 <i>Italy (18.7cl 12.5%)</i> MERLOT 6.95 <i>Chile (18.7cl 13%)</i> SHIRAZ 6.95 <i>Australia (18.7cl 13%)</i>
		COCKTAILS/MOCKTAILS <i>Please see our Bar and Drinks Menu for the Seasonal Specials</i>
TEA ENGLISH BREAKFAST 3.25 CHAMOMILE TEA 3.50 EARL GREY TEA 3.50 GREEN TEA 3.50 PEPPERMINT TEA 3.50 LEMON & GINGER TEA 3.50 CHAI TEA 3.50 SUPER BERRY TEA 3.50 DECAFFEINATED TEA 3.25	PROSECCO PROSECCO (20cl) 7.95 <i>Italy (11%) (75cl)</i> 25.95 PROSECCO ROSÉ (20cl) 7.95 <i>Italy (11%) (75cl)</i> 25.95 NOZECO (20cl) 4.95 <i>France Alcohol Free Prosecco</i> NOZECO ROSÉ (20cl) 4.95 <i>France Alcohol Free Prosecco</i>	ALE, LAGER, CYDER SUFFOLK COUNTY CHESTNUT ALE 5.95 <i>(500ml 4%)</i> STOUR VALLEY GOLDEN ALE 5.95 <i>(500ml 4.2%)</i> PERONI NASTRO AZZURRO 4.95 <i>(330ml 5%)</i> PERONI NASTRO AZZURRO 4.95 <i>(330ml 5.1%)</i> GFO ALCOHOL FREE PERONI NASTRO AZZURRO 4.50 <i>(330ml 0.0%)</i> ASPELL DRAUGHT CYDER 5.95 <i>(500ml 5.5%)</i>
HOT CHOCOLATE HOT CHOCOLATE 4.25 ULTIMATE HOT CHOCOLATE 4.95 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		

