



THE BARN

www.thebarnstanway.co.uk

Served Sunday

12pm - 3pm

# SUNDAY LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients.

(Please be aware we are a cashless business - Payment via contactless or card, Thank you)

## ROASTS

All served with Roasties, Yorkshire Pudding, Honey Glazed Root Vegetables, Greens, Gravy

### ROAST SIRLOIN OF BEEF GFO

19.95

### ROASTED LAMB RUMP GFO

19.95

### ROAST PORK LOIN, CRACKLING & APPLE SAUCE GFO

18.95

### CHESTNUT & CRANBERRY NUT ROAST V

15.95

### ULTIMATE CAULIFLOWER CHEESE

Side of Cauliflower Cheese, Crispy Bacon, Truffle Oil

6.95

### CAULIFLOWER CHEESE V

Side of Cauliflower Cheese

4.95

## CAFÉ CLASSICS

### BEER BATTERED FISH & CHIPS GFO 16.95

Beer Battered Haddock, Chips, Garden Peas, Lemon

### BUDDHA BOWL GFO Ve V 14.95

Roast Beetroot, Crispy Kale, Wholegrain Rice, Avocado, Cajun Sweet Potato, Edamame Beans, Tabini Dressing  
add Feta Cheese £3.00 | Grilled Chicken £3.00  
Hot Smoked Salmon £3.00

### LOADED CHIPS GFO 7.95

Thick Chips, Crispy Bacon, Cheddar and Mozzarella, Spring Onion, Chives, Crispy Onions

### CHIPS GFO 4.50

Bowl of Thick Cut Chips

## DELI

### BEETROOT SALMON GRAVLAX 12.95

Toasted Sourdough, Pickled Roots Salad, Horseradish Cream

### OPEN CLUB SANDWICH GFO 11.95

Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise

### FISH GOUJON SANDWICH 11.95

Haddock Goujons, Lettuce, Lemon and Chive Mayonnaise

### FALAFEL AND TZATZIKI GFO V 9.95

### FLATBREAD

Falafel, Tzatziki, Pickled Red Cabbage, Hummus, Pomegranate

GFO Gluten free option available on request V Vegetarian Ve Vegan

Please make your server aware of any allergies or dietary requirements when placing our order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.





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Served Daily

# DRINKS

COFFEE <i>(Decaf Available)</i>	SOFT DRINKS	WINE
<b>FLAT WHITE</b> 3.95 <b>LATTE</b> 3.95 <b>CHAI LATTE</b> 3.95 <b>CAPPUCCINO</b> 3.95 <b>AMERICANO</b> 3.70 <b>MOCHA</b> 3.95 <b>ICED COFFEE</b> 3.95 <b>ESPRESSO</b> 2.75 <b>MONIN SYRUP</b> 0.70 <i>Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut</i> <b>MILK ALTERNATIVES</b> 0.50 <i>Oat, Coconut, Soya</i>	<b>PUNCHY</b> 3.50 <i>Blood Orange, Bitters &amp; Cardamon or Cucumber, Yuzu &amp; Rosemary</i> Lightly sparkling soft drinks, all-natural ingredients and a splash of Vitamin D - to help you catch the sun all year round! <b>DASH WATER</b> 3.50 <i>Raspberry, Lime or Blackcurrant</i> British sparkling water infused with real, wonky fruit! A natural lift without the sugar, fake flavours or calories. (plus, by accepting the misfit fruit Dash Water help to fight food waste!) <b>BRECKLAND POSH POPS</b> 3.50 <i>Elderflower, Cloudy Lemonade, Plum &amp; Cherry or Ginger with Chilli</i> <b>BARN FARM FRUIT JUICES</b> 3.25 <i>Opal Apple, Strawberry &amp; Apple Orange, Blackberry &amp; Apple</i> Local high-quality, farm-pressed fruit juices from Manningtree! <b>COCA COLA</b> 3.50 <b>DIET COKE, COKE ZERO</b> 3.30 <b>TONIC WATER</b> 3.25 <b>STILL   SPARKLING WATER</b> 2.75	<b>PINOT GRIGIO</b> 6.95 <i>Italy (18.7cl 12.5%)</i> <b>CHARDONNAY</b> 6.95 <i>Australia (18.7cl 13%)</i> <b>SAUVIGNON BLANC</b> 6.95 <i>Chile (18.7cl 13%)</i> <b>PINOT ROSÉ</b> 6.95 <i>Italy (18.7cl 12.5%)</i> <b>MERLOT</b> 6.95 <i>Chile (18.7cl 13%)</i> <b>SHIRAZ</b> 6.95 <i>Australia (18.7cl 13%)</i>
		<b>COCKTAILS/MOCKTAILS</b>
		<i>Please see our Bar and Drinks Menu for the Seasonal Specials</i>
		<b>ALE, LAGER, CYDER</b>
		<b>SUFFOLK COUNTY CHESTNUT ALE</b> 5.95 <i>(500ml 4%)</i> <b>STOUR VALLEY GOLDEN ALE</b> 5.95 <i>(500ml 4.2%)</i> <b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5%)</i> <b>PERONI NASTRO AZZURRO</b> 4.95 <i>(330ml 5.1%)</i> <b>ALCOHOL FREE PERONI NASTRO AZZURRO</b> 4.50 <i>(330ml 0.0%)</i> <b>ASPELL DRAUGHT CYDER</b> 5.95 <i>(500ml 5.5%)</i>
<b>TEA</b>	<b>PROSECCO</b>	
<b>ENGLISH BREAKFAST</b> 3.25 <b>CHAMOMILE TEA</b> 3.50 <b>EARL GREY TEA</b> 3.50 <b>GREEN TEA</b> 3.50 <b>PEPPERMINT TEA</b> 3.50 <b>LEMON &amp; GINGER TEA</b> 3.50 <b>CHAI TEA</b> 3.50 <b>SUPER BERRY TEA</b> 3.50 <b>DECAFFEINATED TEA</b> 3.25	<b>PROSECCO (20cl)</b> 7.95 <i>Italy (11%) (75cl)</i> 25.95 <b>PROSECCO ROSÉ (20cl)</b> 7.95 <i>Italy (11%) (75cl)</i> 25.95 <b>NOZECO (20cl)</b> 4.95 <i>France Alcohol Free Prosecco</i> <b>NOZECO ROSÉ (20cl)</b> 4.95 <i>France Alcohol Free Prosecco</i>	
<b>HOT CHOCOLATE</b>		
<b>HOT CHOCOLATE</b> 4.25 <b>ULTIMATE HOT CHOCOLATE</b> 4.95 <i>with Whipped Cream, Chocolate Sprinkles and Marshmallows</i>		

