



www.thebarnstanway.co.uk Served Sunday 12pm - 3pm

SUNDAY LUNCH

All our food is freshly made in our kitchen with locally sourced, seasonal ingredients. (Please be aware we are a cashless business - Payment via contactless or card, Thank you)

ROASTS

All Served With Roasties, Yorkshire Pudding, Maple Glazed Parsnips, Star Anise & Orange Glazed Carrots, Greens, Celeriac Puree, Gravy

> **ROAST STRIPLOIN OF BEEF** 21.95

ROASTED LAMB RUMP 21.95

SLOW ROASTED PORK BELLY, CRACKLING & APPLE SAUCE @

CHESTNUT & CRANBERRY NUT ROAST W @ 15.95

ULTIMATE CAULIFLOWER CHEESE

Side of Cauliflower cheese, Crispy onions, Spring Onions, Smoked bacon, Chives, Truffle Oil

7.95

CAULIFLOWER CHEESE 4.95

CAFÉ CLASSICS

BEER BATTERED FISH & CHIPS @



16.95

Beer Battered Haddock Fillet, Chunky Chips, Minted Crushed peas, Tartare Sauce, Lemon

BUDDHA BOWL 🐽 🚾 🖤







15.95

Roasted Spiced Chickpeas, Sun Blushed Tomato, Olive and Herb Quinoa, Rosemary Butternut Squash, Pickled Red Cabbage, Avocado, Edamame Beans, Seeds, Crispy Shallots, Heritage Carrot Ribbons, Tahini and Turmeric Dressing

add Feta Cheese £3.00 | Hot Smoked Salmon £3.00 Poached Thyme & Lemon Chicken £3.00

ASPEN CHIPS

6.95

Chunky Chips, Truffle Oil, Parmesan, Chives

CHUNKY CHIPS @

4.50

GFO Gluten free option available on request V Vegetarian Ve Vegan





Please make your server aware of any allergies or dietary requirements when placing our order. Whilst every effort is made to remove specified allergen ingredients from within our dishes, we do operate a busy, open kitchen environment and therefore we cannot guarantee that all risk of cross-contamination has been removed.

DELI

HOME CURED BEETROOT GRAVLAX @ 12.95



Beetroot Gravlax, Roasted Candy Beetroot, Golden Beetroot, Radish, Capers, Orange, Pomegranate, Mixed Leaves, Pea Shoots, Smoked Garlic Yogurt

OPEN CLUB SANDWICH



11.95

Farmhouse Sourdough, Streaky Bacon, Chicken, Cos Lettuce, Tomato, Soft Boiled Egg, Mayonnaise with Dressed Leaves

FISH GOUJON SANDWICH

11.95

Beer Battered Haddock Goujons, Minted Crushed Peas, Lettuce, Tartare Sauce with Dressed Leaves

BARN SPICED FALAFEL & TZATZIKI 10.95 OPEN TORTILLA WRAP 🐽 🔽

Spiced Falafel, Tzatziki, Pickled Red Cabbage, Cherry Tomato, Pomegranate, Harissa Hummus





DRINKS

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COFFEE (Decaf Available)		SOFT DRINKS		WINE	
FLAT WHITE	3.95	PUNCHY	3.80	PINOT GRIGIO Italy (18.7cl 12.5%)	6.95
LATTE	3.95	Blood Orange, Bitters & Cardamon Cucumber, Yuzu & Rosemary, or	!,	CHARDONNAY	6.95
CHAI LATTE	3.95	Peach, Ginger & Chai Lightly sparkling soft drinks, all-natural ingredients		Australia (18.7cl 13%)	0.55
CAPPUCCINO	3.95	and a splash of Vitamin D - to help you catch the sun all year round!	i	SAUVIGNON BLANC Chile (18.7d 13%)	6.95
AMERICANO	3.70	PUNCHY HYDRATION	3.80	PINOT ROSÉ	6.95
мосна	3.95	Mango, Blueberry or Lime		Italy (18.7cl 12.5%)	
ICED COFFEE	3.95	Reset your hydration with a blend of electrolytes, vitamins and minerals in a lightly flavoured, sparkling soft drink.		MERLOT Chile (18.7cl 13%)	6.95
ESPRESSO	2.75			SHIRAZ	6.95
MONIN SYRUP Vanilla, Caramel, Pumpkin Spice, Gingerbread or Hazelnut	0.70	BRECKLAND POSH POPS Elderflower, Cloudy Lemonade, Plum & Cherry or Ginger with Chilli	3.50	Australia (18.7d 13%) COCKTAILS/MOCKTA	ILS
MILK ALTERNATIVES Oat, Coconut, Soya	0.50	BARN FARM FRUIT JUICES 3.25 Opal Apple, Strawberry & Apple		Please see our Bar and Drinks Menu for the Seasonal Specials	
TEA		Orange, Blackberry & Apple Local high-quality, farm-pressed fruit juices from Manningtree!		ALE, LAGER, CYDI	E R
ENGLISH BREAKFAST	3.25	COCA COLA	3.50	SUFFOLK COUNTY	5.95
CHAMOMILE TEA	3.50	DIET COKE, COKE ZERO	3.30	CHESTNUT ALE (500ml 4%)	
EARL GREY TEA	3.50	TONIC WATER	3.25	STOUR VALLEY GOLDEN ALE	5.95
GREEN TEA	3.50	STILL SPARKLING WATER	2.75	(500ml 4.2%)	
PEPPERMINT TEA	3.50	PROSECCO		PERONI NASTRO AZZURRO (330ml 5%)	4.95
LEMON & GINGER TEA	3.50			PERONI NASTRO AZZURRO 🙃	4.95
CURER REPRY TEA	3.50	PROSECCO (20cl) Italy (75cl)	7.95	(330ml 5.1%)	
SUPER BERRY TEA	3.30	(11%)	25.95	ALCOHOL FREE	4.50
DECAFFEINATED TEA	3.25	PROSECCO ROSÉ (20cl)	7.95	PERONI NASTRO AZZURRO (330ml 0.0%)	
HOT CHOCOLATE			25.95	ASPELL DRAUGHT	5.95
		NOZECO (20cl)	4.95	(500ml 5.5%)	
HOT CHOCOLATE	4.25	France Alcohol Free Prosecco			
ULTIMATE HOT CHOCOLATE	4.95	NOZECO ROSÉ (20cl) France	4.95		

Alcohol Free Prosecco

with Whipped Cream, Chocolate

Sprinkles and Marshmallows